



55th National Festival

July 24-27, 2019

- Check-in will start on Tuesday the 23rd and continue Wednesday & Thursday at certain times. You must check-in at Ft. Wayne Turners before you can compete or attend any competition. You will receive your “badge” which allows you access into the various venues.
- Competition will start on Wednesday and go thru Saturday
- Competition will be at Northside High School, Natatorium, Lions Park and Ft. Wayne Turner Club
- Saturday evening will be the Banquet, with all Society trophies to be awarded
- Sunday is completely open for your safe travel home

REQUIREMENTS for COMPETITORS

Since the National Festival is fast approaching, you may know of some people interested in participating but are not members yet. Please don't wait until the last minute to get new members signed up. The rules state that (adult) competitors must be a member in good standing prior to the registration deadline. To clarify this rule, a membership number must be issued by the National Office. A membership number must be entered on all registration forms, not just for the Festival but for ALL national events. Make sure your new members are signed up and dues paid to the National Office with plenty of time to get processed before the registration deadline.

Youth Membership applications for the year 2019, or Youth Membership renewals, with appropriate payment, should be submitted to the National Office no later than April 20, 2019. This will allow Kate time to process the application and get the membership card to the individual before they try to register for the Festival.

Non-member children must follow the rules as stated in the Festival Rulebook:

*“Pursuant to the 2008 National Convention, it is acceptable for a child under the age of 18 to participate in Turner National events (physical and cultural competition) even if their parents are not members. However, **that child must be a paying enrolled student of a Turner society for at least 90 days prior to the National event and show proof of same**. There will be an extra fee for a non-member (child under the age of 18) to compete at the National event. All adults must still be a Turner member in order to participate at a National event.”*

I will follow up with the Society to confirm that each “non-member” child is enrolled in their society program(s) for at least 90 days.

PARTICIPATION POINTS

A competitor will earn one participation point for competing in each of the following events:

Golf
Pickleball
Volleyball

Gymnastics (if competing in 4 events)

Track & Field (if competing in 4 events, or 3 events for ages 7-9) Relays or distance runs not included

Swimming (if competing in 3 swimming events, or 2 swimming events and diving) Relays not included

The participation points are in addition to any points earned for placing in the top ten in event competition.



GOLF

We will be offering a one-day Golf scramble during the Festival, tentatively set at Canterbury Green Golf Course, 5132 Stonehedge Blvd., Ft. Wayne. It's a fun, friendly course just minutes from the hotels and Ft. Wayne Turners. It will be a fun way to get out on the golf course and still earn points for your Society. You are required to register on-line and pay the appropriate fee, as well as pay for your greens fees upon check-in. Teams will consist of 4 players and can consist of men or women, ages 14+. Top finishing teams will earn ribbons at the event and Society points. You can contact Ted Pappert at tpk5576@yahoo.com with any questions.



PICKLEBALL

Each Society may enter as many Pickleball teams as they like. Each participant must be at least 18 years old. All players must bring their own paddle, however balls will be provided. Teams will consist of two players, any gender. No specific uniform is required. Age groups are 18-54 and 55+. Competitors age 55+ can play in the 18-54 age group, but competitors age 18-54 cannot play in the 55+ age group. You may only sign up to play on one team. Games played to 11 points, with a win by 2 points. Format will be based on number of teams entered. All other rules to follow USAPA. Detailed rules can be found on the USAPA website or in the American Turner Supplemental Handbook (revised for the 2019 Festival) on our website.



VOLLEYBALL

This year Volleyball will be held at the same venue as Gymnastics and Track & Field. There are many options for you to play Volleyball at the National Festival. Keep in mind that you can register to play on as many teams as you are eligible, as long as there is no conflict in the schedule. If you have any questions regarding Volleyball, please contact Jim Schuette prior to registering on-line at jschuette@ejtf.org. He will be able to guide you through the various options, as well as help you get on a conglomerate team if your Society doesn't have a full team.

MEN:

ages **11-13** can play on Co-Ed 11-17

ages **14-17** can play on Co-Ed 11-17 & Active Men 14+

ages **18-54** can play on Co-Ed 18+ & Active Men 14+

ages **55 and over** can play on Co-Ed 18+, Co-Ed Senior, Active Men 14+ & Senior Men 55+

WOMEN:

ages **11-13** can play on Co-Ed 11-17 & Jr. Women 11-17

ages **14-17** can play on Co-Ed 11-17, Jr. Women 11-17 & Active Women 14+; they can also play on Active Men 14+

ages **18-49** can play on Co-Ed 18+ & Active Women 14+; they can also play on Active Men 14+

ages **50 and over** can play on Co-Ed 18+, Co-Ed Senior, Active Women 14+ & Senior Women 50+; they can also play on Active Men 14+ and Senior Men 55+

GYMNASTICS



Coaches/gymnasts are responsible for their own music.

Girls (Youth, Jr. & Active): USAG J.O. Levels 3, 4 or 5 (compulsories);

Xcel Levels Bronze, Silver, Gold, Platinum or Diamond (optional routines)

	Bronze	Silver	Gold	Platinum	Diamond
Min. age	7	7	7	8	9
USAG JO conversion	1-2	2-3	3-4	5-6	7-10

Boys (Youth, Jr. & Active): USAG Levels 4-10

No modifications allowed for any USAG JO Levels 3, 4 or 5 routines or Xcel skill requirements. You may use a JO compulsory routine and modify it to compete in Xcel.

The gymnastic facility shall have all three vaulting areas (mat stack, sidehorse & table vault). A sidehorse and table vault shall be set up for Senior competition. **Women 30-59 can also use the 32" (or higher) mat stack** and 60+ Women can also use the 16" mat stack.

Please note: the Tentative Schedule for Gymnastics might change, (especially for J.O. Levels 3-5 and all Xcel levels) based on the number of competitors in the various age groups and levels.



SENIOR WOMEN:

- All routines (except vault) shall consist of a minimum of five (5) different skills, which include a mount and dismount.
- General Scoring:

Execution and Form – 3.0

Minimum required skills – 5.0 (1 point per skill; Walking/Running is not considered a skill)

General Impression – 2.0 (This is where credit is given for more difficult skills)

Missing minimum requirements – 1 point for each missing requirement

Falls off the apparatus - .5

Falls on the apparatus - .3

Bars – Uneven: 10 point start value **OR** Parallel (**50+**): 10 point start value

Beam – High Beam: 10 point start value **OR** Low Beam: 9.5 start value

Time limit – 30 seconds to 1minute 30 seconds

Over/under time deduction - .1

Requirements:

1. Turn on one foot at least 180 degrees **OR** one foot balance of any kind held 2 seconds
2. Jump **OR** leap

3. Must be at least 3 passes

Vault (Sidehorse or Table) –

Handspring type vaults – 10 point start value

Layout Squat, Straddle or Stoop – 9.5 start value

Squat, Straddle or Stoop (no pre-flight) – 9.0 start value

Ages 30-59 also has the option to do the J.O. Level 3, handstand flat fall onto a 32” (or higher) mat stack – 9.0 start value

Ages 60+ also has the option to do a Run, jump on spring board, stretch jump onto 16” mat – 8.0 start value

Pommel Horse (**50+**) – 10 point start value

Floor Exercise – 10 point start value

Time limit – 30 seconds to 1 minute 30 seconds, with or without music

Over/under time deduction - .1

Using music which has singing/talking - .2 deduction

Stepping out of bounds - .1 each time

Requirements:

1. Jump OR leap
2. Turn on one foot at least 180 degrees OR one foot balance of any kind
3. Move of any kind down on the floor
4. Must cover all four quadrants of the floor (30-59)
5. Must travel on the diagonal from one corner to the other **OR** two passes along the 40 foot length of the floor ex. mat (60+)

Rhythmic Gymnastics routine – 10 point start value

Ages 60+ may perform only ONE rhythmic routine (ball, hoop, ribbon, clubs or rope) in place of one piece of apparatus.

Maximum time of 1 minute

Using music which has singing/talking - .2 deduction

Gymnast must travel at least from one corner to another.



SENIOR MEN:

- On Floor, Parallel Bars, High Bar, Still Rings and Pommel Horse the routines shall consist of a minimum of five (5) different skills.
- Ages 60+ can do a second optional routine on ONE event. The same basic routine can be used with at least two skills within the routine being different.
- Vault shall be two attempts of either the same or different skills.

NOTE: There will not be any compulsory routines for Senior Men and Women. All routines shall be optional.



RHYTHMIC GYMNASTICS

- This is a Special Event for Women ages 7-13, 14-29 and 30+.
- Hand apparatus includes ball, ribbon, rope, hoop and clubs.
- Each competitor must provide and compete with only one of the above pieces of apparatus.

- Each competitor must provide their own music. (.2 deduction for music with singing/talking)
- A free exercise mat will be used for the competition
- Performance time shall be between 1 minute and 1 minute, 30 seconds.
- Required skills shall include: Leaps, Turns, Tosses, Jumps, Hand Exchanges, Flexibility and Floor work.
- The routine shall include and be judged using the following criteria:
 1. Variety of dance steps and good transitions from one skill to the next (.50 deduction)
 2. One transition to the floor (.3 deduction)
 3. Use all 4 corners of the floor (.1 deduction for each corner not used)
 4. One acrobatic skill: front, back or side roll; cartwheel; or front/back walkover (.3 deduction)



TUMBLING

- Routine shall have a minimum of 3 skills per pass with 1 flight element per pass.
- Scores will be determined on a combination of form and difficulty.
- Tumbling rules can be found at ustal.org



MASS DRILL

The video, music and instructions for Marching and Mass Drill are available on the American Turner website. If you would like a CD of the music please contact me. Each member participating in the Mass Drill must order the official Festival t-shirt when registering on-line for the Festival. Each Society will have the option of choosing their own color of shorts to wear. Remember that all members of your Society participating in the Mass Drill must be wearing the same color/style of shorts.



SECURITY AT SWIMMING VENUE

EVERYONE ages 18 and over that enters the Natatorium to swim or go in the locker rooms or the deck of the pool will be required to go thru the Natatorium's strict security screening. Even if you are a parent just going in to assist your child in the locker room, or supervise on the pool deck. NO EXCEPTIONS! So please allow extra time for this process when arriving prior to the start of the competition. You will need to provide a government issued picture I.D., A wristband will be provided to you and must be worn at all times in the building, even while swimming. I strongly suggest that if you have a little free time during the week, go to the Natatorium and get your security clearance done in advance.



RUNNING and SWIMMING RELAYS



Participants in Track Relays must bring their own baton.

Seniors may complete the minimum number needed to run a relay in the Jr. and Active (14-29) age groups in both running and swimming relays.

Boys and Girls (in the same age group) may be combined to form a Boys' swimming relay team. Men and Women (in the same age group) may be combined to form a Men's swimming relay team.

If a Society cannot form a relay team, with NHPEC approval, a District Team may be formed for Running and Swimming relays. Any points earned will be divided between the Societies accordingly.

ROSTERS FOR ALL TEAM EVENTS AND RELAYS

Societies that have teams for Volleyball, Golf, Pickleball and/or relays for Swimming and/or Track must have their team captain complete a team roster. The roster forms that must be submitted are on the American Turner webpage. It is a fillable form. Please do not use any other forms for submitting this information. Rosters need to be submitted no later than June 19, 2019.

NOTE: Volleyball players and Golfers that do not have a full team must still complete the roster and indicate you are "looking for a team/player (or foursome)" in the designated area on the form.



ON-LINE REGISTRATION

Registration will again be done on-line. Take a few minutes to review the sample form so you can gather your information before starting the registration process.

The link to the registration form can be found at **amturners.org** in the Festival section. Payment can be made either using your Paypal account, or by using your credit card. Entry fees are \$20.00 for athletic competition and \$5.00 for cultural competition. If you are registering for both athletic and cultural you will only pay \$20.00. Children under the age of 18, whose parents are not members, are allowed to register, however they must pay the additional \$10.00 non-member fee. Youth members do not pay the additional \$10.00 fee. (All adults must be members and have a valid membership number) **Registrations will be accepted starting April 1, 2019**. The registration deadline is June 9, 2019. If you register after June 9 but before June 19, 2019 you must pay an additional \$20.00 late fee. **Absolutely no registrations will be accepted after June 19, 2019**. Please verify that you have checked all the appropriate items on the registration form and then print the registration form after completing it, but before you click on the payment button. Once you submit your registration you will receive an e-mail confirming your submission. This e-mail will also show all the events you signed-up for. Please print this e-mail and bring it with you to the Festival.

If you are a Coach (and not competing in any events), please submit a Registration Form. This will produce a badge to allow you entry into the various venues to coach/supervise your athletes. Spectators should also register on-line to receive a badge for entry into venues.



CULTURAL

When entering the Cultural competition for the Festival you must first register on-line and pay the appropriate fee (\$5.00 for cultural only or \$20.00 for both cultural and athletic). After you have completed the registration form and paid on-line you must then complete the Cultural Entry Form. This form can be found on the Festival web page. The Cultural Entry Form gets mailed to Joy Bodine at 12726 Schooner Drive, Fort Wayne, IN 46845. You **do not** mail the \$5.00 entry fee to Joy with that form. All payments pertaining to the Festival will only be accepted on-line.

55th National Festival Transportation Fund



The Transportation Fund, sponsored by the Jahn Fund, is for ALL participating adult members, children of members and youth members. To qualify, a person must be a member, a child of a member or a Youth member and they must attend and participate at the Festival. This includes members entered in the cultural competition, as long as they are at the Festival. Each qualifying member will receive somewhere between \$0.25 -\$0.30 per mile, depending on the amount of participation. It will be calculated from your home society address to Ft. Wayne Turners (one-way). A request form to submit will be posted on the website.

Please refer to the Festival Rulebook (revised August 2018) and the Supplemental Handbook (2019) for complete rules and information. If you have any questions regarding the on-line registration or anything else regarding the Festival, feel free to contact me at nhpechair@amturners.org or call 920-980-8593. Remember to print your e-mail confirmation and bring it to the Festival. See you in July in Ft. Wayne.

Michelle Lesperance
NHPE Chairperson
nhpechair@amturners.org